

OCTOBER 18 HALF TERM SWIM CLINICS

- ⇒ 1. Butterfly & Breaststroke
- ⇒ 2. Frontcrawl & Backstroke
- ⇒ 3. Performance Skills

TheMindsetGoal are delighted to announce the next technique-focused swim clinics.

- ⇒ 1.5-hour sessions
- ⇒ Small groups

New booking system aimed at delivering tailored sessions for:

- ⇒ **Juniors (11yrs old & younger)**
- ⇒ **Age group (12yrs old & older)**

Fill in the section to the right, specifying age, preferred clinics and dates. We will try and accommodate requests on a first come first served basis

**@ Simon Balle School
Mangrove Rd, Hertford SG13 8AJ**

Tickets: £27.00 pp payable by bank transfer to:

Acc. N°17408657; Sort Code: 09-01-29

REF: Oct18Clin - Name

For further information and to book your place, please email:

manuela@themindsetgoal.com

SWIMMERS DETAILS

Name

Club

DOB.....

Tel

Email

PREFERRED DATES

Mon 29th Oct

Tue 30th Oct

Wed 31st Oct

Thu 1st Nov

Fri 2nd Nov

*Each swim clinic will take place
9.30-11.00 am*

AGE

Juniors (11yrs old & younger)

Age group (12yrs old & older)

PREFERRED CLINIC

1. Butterfly & Breaststroke

2. Frontcrawl & Backstroke

3. Performance Skills

**WWW.THEMINDSETGOAL.COM
PHONE: 07833/687379**